

CHARITABLE GIVING

Omega Technical Services has a long history of providing support to local organizations that support adults with disabilities. In the past few years, Omega has worked with the non-profit **Gateway to Independence** in Maryville, TN, whose mission is to help young adults with disabilities achieve independence by providing them with pre-vocational and social activities. This year, Omega has started working with **The ARC Anderson County**. The ARC is a non-profit agency that advocates for individuals with intellectual and/or developmental disabilities (I/DD). They create and support programs which help empower participants to become fully functional members of the community. The ARC also assists families and individuals when they need help obtaining government and other social service resources.



COMMUNITY EVENTS

The Omega Technical Services corporate office is participating in a Knoxville community event on Saturday, October 26, 2024, at the **Knoxville Zoo**. The **"Breakthrough T1D Walk"** is to raise money for research of type-1 diabetes. T1D is an autoimmune disease that is diagnosed in both children and adults and has nothing to do with diet or lifestyle. Managing T1D requires constant attention and action—including overnight. Even with a strict regimen, people with T1D can still experience dangerously high or low blood sugar that can lead to complications and, in extreme cases, be life-threatening. **If you'd like to contribute to this worthy cause, please go to the website below and donate.**



[Breakthrough T1D Walk, East Tennessee 2024: Sugar Rush Racers - BreakthroughT1D Walk](#)



MERCY FOR AIKEN PUTTING FOR THE PANTRY TOURNAMENT

The **Storehouse of Mercy Food Pantry** hosted its Second Annual Golf Tournament on September 16th with a goal to raise the funds needed to support the daily operations of the Storehouse of Mercy.

Storehouse of Mercy opened in August 2022 and currently services over 2,500 people per month who are experiencing hunger. They provide groceries, hygiene items, paper products and other items to help improve the health of a vulnerable population within our community.

We are proud to have team members like **Avery Jones** who passionately support those in need within our community.

"[The] golf tournament was once again a huge success in which a number of Omega employees participated as players or volunteers. Thanks again for Omega's sponsorship." - Avery Jones (pictured)

If you would like to contribute in stocking the pantry, please visit www.mercyforaiken.org/foodpantry

A NOTE FROM BILL TINDAL

PRECISION MATTERS

Many of you know that my father was a submariner. Like many Navy families, we had times when my father would be thousands of miles away for months at a time. In the late '70's I was in grade school and my mother would have my two brothers and me sit down and write dad a letter while he was on patrol. Remember this decade had never heard of email. For us, this was pen to paper. Fold it. And, put it in a paper envelope. I never thought about the logistics challenge of getting that folded paper to a submarine on patrol. While I did it, I never enjoyed writing those letters. I had to force myself to capture what I was doing. I would write about school, soccer, and what

was happening at Boy Scouts. Like any boy that age, I wanted my father to be proud and favored the good news over the bad. At the end of the day, my brothers and I were doing the best we could. The priority was sending dad something that maintained our connection.

Thankfully, the logistics worked its magic in both directions. And we would occasionally get letters back from dad. I vividly remember a time when I received a letter. As I excitedly tore the seal, I could still smell the faint submarine odor of diesel fuel and lube oil captured by the paper (if you know, you know). What I found inside was a short note from dad attached to the most recent

letter I had sent him, returned to me. In red pen, there were corrections for spelling, grammar, and punctuation. My heart sank.

While at the time I was hurt, I'm now a father and a grandfather. I'm confident that it was a lesson as painful to send as it was to receive. His short note to me was that he loved me and wanted me to know that precision matters in everything we do. While he's been gone for more than a decade now, I still feel his presence as I read, rewrite, and tweak this note to you. In our work lives we are known not only for what we do but how we do it. The standards we set for ourselves represent who we are. Dad was right, precision matters.

EMPLOYEE SPOTLIGHT

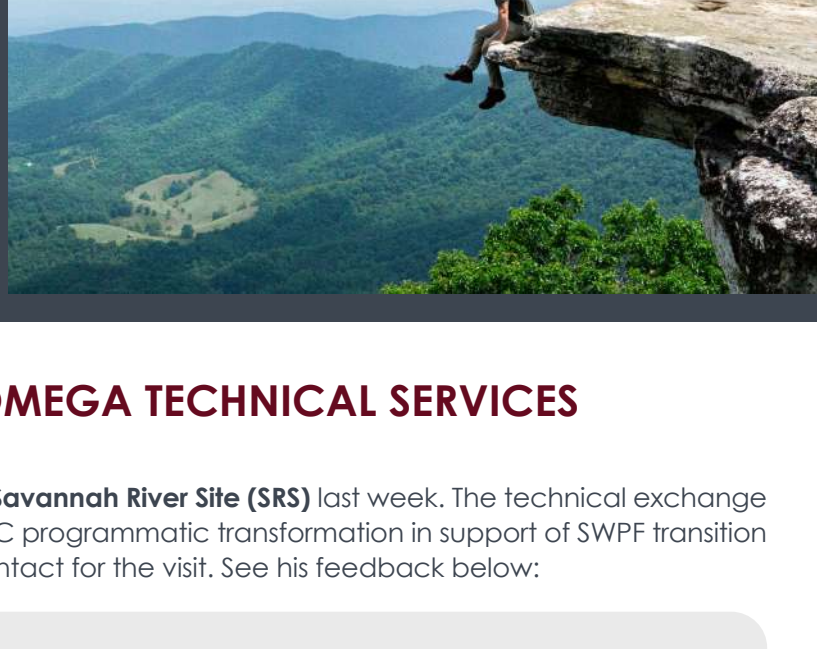
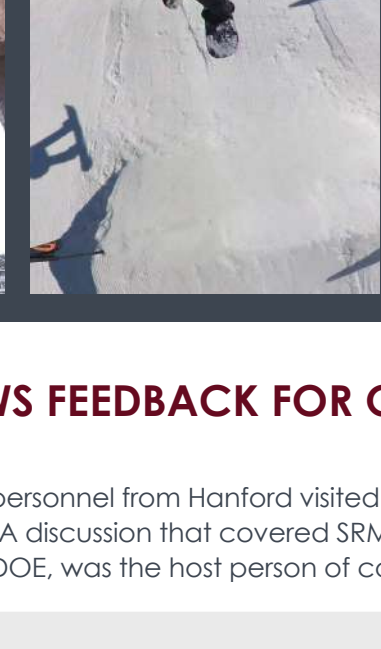
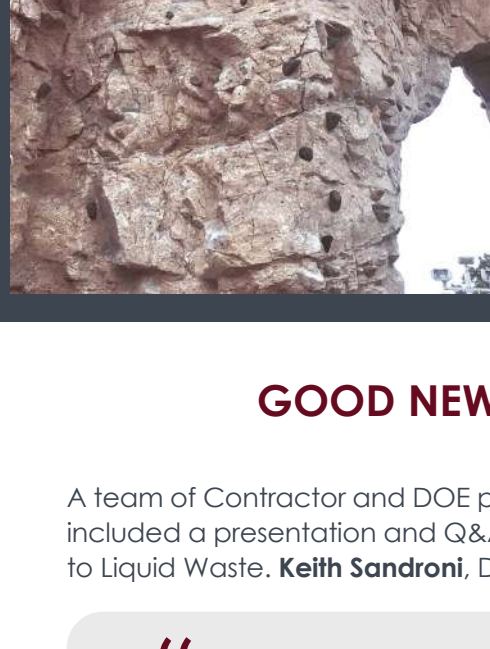
This October, we proudly shine the Omega spotlight on **Robert Westervelt**. Robert is currently serving as a **Project Manager** for Omega at the **Savannah River Plutonium Processing Facility (SRPPF)**. Previously, he held the position of Subcontractor Technical Representative (STR) Group Manager for NNSA capital projects and served as a Project Manager for SRS Security Services. Before his tenure at SRS, Robert worked at the Portsmouth Gaseous Diffusion facilities as a Radiological Nondestructive Assay (NDA) Operator and Security Escort Supervisor.

Robert is a proud veteran, having served four years in the United States Marines, including combat duty in Afghanistan. Following his Honorable Discharge from his military career, he began his civilian career as a Youth Correctional Officer in Ohio.

Outside of work, Robert is an avid enthusiast of extreme sports. He enjoys rock-climbing, scuba diving, and snowboarding. While these hobbies are relaxing to Robert, they require quite a bit of concentration, skill, and practice. In addition to his extreme sports, he enjoys disc golf and pickleball. Robert's sports resume is already brimming with impressive experiences, but none are quite as unique as his days as a professional arm wrestler.

Robert is known by his peers and managers to be an inspirational leader with an extremely strong work ethic. We are grateful to have such a well-rounded and extraordinary person on our team.

Thank you for your service, Robert!



GOOD NEWS FEEDBACK FOR OMEGA TECHNICAL SERVICES

A team of Contractor and DOE personnel from Hanford visited **Savannah River Site (SRS)** last week. The technical exchange included a presentation and Q&A discussion that covered SRMC programmatic transformation in support of SWPF transition to Liquid Waste. **Keith Sandroni**, DOE, was the host person of contact for the visit. See his feedback below:

"I'd like to share my sincere gratitude for your active participation in our technical exchange with the Hanford personnel last week. The time you took to prepare and share insightful information was very much appreciated and I have received only positive feedback from our visitors. The knowledge and experiences you brought to the table were highly valuable and will prove their worth as Hanford plans for and executes its transition. Thank you once again for your efforts and contributions.

Best regards,

Keith Sandroni

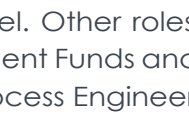
The current schedule shows the new ConOps program will be implemented by the end of Oct 2024, with completion of ConOps Transformation just prior to the Thanksgiving Holiday. **Well done, Omega Team!**



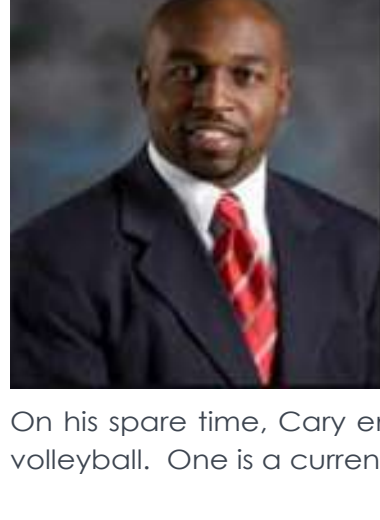
CONGRATULATIONS! PROMOTION SPOTLIGHT

Savannah Daniels - Business Development Specialist

Jessica "Jess" Jones - HR Generalist II



NEW EMPLOYEE WELCOME



Please join us in welcoming **Cary Langham** to the Omega Technical Services team as the **Vice President of Technical Services**. Cary has over 20 years of project controls, engineering, and executive management experience. He last served as Director, Employee Development, for Consolidated Nuclear Services (CNS) at the Y-12 National Security Complex. In this capacity, Cary developed strategies to maintain and grow talent in the organization as well as establish career development initiatives for senior leadership personnel. Other roles Cary held at CNS include Director, Infrastructure Pool and Reinvestment Funds and Mechanical Engineering Functional Manager. He also served as a Process Engineer and Project Controls Engineer early in his career. Cary earned a bachelor's degree in mechanical engineering from Tuskegee University and currently serves as a member of several civic organizations and committees in the local community.

On his spare time, Cary enjoys spending time with family and watching both of his daughters play competitive volleyball. One is currently playing at the collegiate level and another will be in 2025.



HISTORY, FACTS, AND UPCOMING EVENTS

- In October, 1792, the cornerstone was laid for the construction of the White House in Washington, D.C.
- October is springtime in the Southern Hemisphere in countries like South Africa, Brazil, and Chile
- For 13 days in October of 1962, the entire world was tense over the Cuban Missile Crisis, a political and military standoff between the U.S. and the Soviet Union over installing nuclear-armed Soviet missiles in Cuba

- 01 Oct** Fluor Supply Chain Summit, Greenville, SC
- 02 Oct** The first electronic television was invented in 1925, forever changing how we receive information and entertainment
- 12 Oct** Moment of Frustration Day
- 14 Oct** In 1492, Christopher Columbus arrived in the Americas; Columbus Day falls on the second Monday of October
In 1947, American test pilot, Chuck Yeager, became the first person to break the sound barrier
- 29-31 Oct** Energy, Technology, & Environmental Business Association (ETEBA) Business Opportunities & Technical Conference (BOTC), Knoxville, TN
- 31 Oct** Halloween is the last day of the month

NOW OPEN!

Omega's BAC (Benefits Advocacy Center) Sponsored by Gallagher

- Hours of operation: Monday - Friday 8AM - 9PM EST
- Provides benefit support for new hires
- Open enrollment support and education
- ID card resolution
- Explains eligibility rules and requirements
- Assists with locating network providers
- Assists with outstanding claims issues
- Multilingual support

(833) 213-2716 | bac.omegatechserv@ajg.com



THE FIVE BEHAVIORS OF A COHESIVE TEAM PROGRAM

HR TEAM SUCCESSFULLY COMPLETES INNOVATIVE TRAINING PROGRAM

The **Omega HR team** completed an intensive 6 month training program, **5 Behaviors of a Cohesive Team (5BCT)**, designed to enhance their team skills and improve overall organizational efficiency. This milestone marks a significant achievement for the team and underscores the company's commitment to continuous professional development.

The Five Behaviors of a Cohesive Team is based on Patrick Lencioni's pyramid model of team development and focuses on five key behaviors that impact team effectiveness: Trust, Conflict, Commitment, Accountability, and Results.

As an authorized partner of The Five Behaviors of a Cohesive Team, **Omega Technical Services** is helping to unleash the power of teamwork across the organization. If you lead a team and are interested in more information, please contact HR@omegatechserv.com.



FIDELITY'S QUARTER 4 2024 UNIVERSAL WEB WORKSHOPS

Fidelity supports your goal of providing employees with education on a variety of financial topics. Our live, universal web workshops offer flexibility and convenience to help employees take their next step toward their financial goals. These sessions are all available at no cost to you and your employees.

When employees join us for a universal web workshop, they can:

- Attend via computer or mobile phone, making any time a great time to attend a workshop!
- Learn about a variety of topics, whether they're just starting to save, balancing multiple financial priorities, or nearing retirement.
- Attend one event or several - different workshops are offered daily. Our virtual presenters are available to chat and answer employee questions.

Employees can view and register for upcoming sessions anytime at netbenefits.fidelity.com/livewebmeetings.

HEALTHY RECIPE OF THE MONTH

Do you have a cherished family recipe you'd like to share? We invite all employees to showcase their culinary creations and traditions. Whether it's breakfast, lunch, dinner, or dessert, we welcome all recipes! Please send a list of ingredients and directions (with images, if you'd like) to hcrowe@omegatechserv.com to have your dish featured in November's Recipe of the Month!

With enough recipes, we can create a complete **Omega Recipe Book** to compile all our favorite dishes and traditions in one place!

