# Your Life. Your Work. Your Best.<sup>®</sup> Your GuidanceResources<sup>®</sup> Program



## One merica Financial

ComPsych<sup>®</sup>

Sometimes life can feel overwhelming. It doesn't have to. Your ComPsych® GuidanceResources® program provides confidential counseling, expert guidance and valuable resources to help you handle any of life's challenges, big or small.

# LIFE IS CHALLENGING. WE CAN HELP. CONFIDENTIAL 24/7 SUPPORT.



### **SERVICES**

#### **CONFIDENTIAL EMOTIONAL SUPPORT**

- Anxiety, depression, stress
- Grief, loss and life adjustments
- Relationship/marital conflicts

#### **WORK AND LIFESTYLE SUPPORT**

- Child, elder and pet care
- Moving and relocation
- Shelter and government assistance

### **LEGAL GUIDANCE**

- Divorce, adoption and family law
- Wills, trusts and estate planning
- Free consultation and discounted local representation

#### **FINANCIAL RESOURCES**

- Retirement planning, taxes
- Relocation, mortgages, insurance
- Budgeting, debt, bankruptcy and more

#### **DIGITAL SUPPORT**

- Connect to counseling, work-life support or other services
- Tap into an array of articles, podcasts, videos, slideshows
- Improve your skills with On-Demand trainings

#### **ONLINE WILL PREPARATION**

- Quickly and easily complete a will on your computer with EstateGuidance®
- Specify guardians, trustees and property division
- Provide funeral and burial instructions

OneAmerica Financial® is the marketing name of the companies of OneAmerica Financial. OneAmerica Financial markets ComPsych® services. ComPsych® is not an affiliate of the companies of OneAmerica Financial.



24/7 Live Assistance: Call: 855.365.4754 TRS: Dial 711



Online: <u>guidanceresources.com</u>

App: GuidanceNowSM Web ID: ONEAMERICA6

